

MENTAL HEALTH/SUBSTANCE ABUSE STRIKE TEAM
MEETING MINUTES

January 12, 2009

In attendance: Barbara Kopp, Miriam Lacher, Anna Day, Kerry Dennis, Rik Jimison, Inaki Rezola, Elaine Levesque, Kristie Skoglund, Barry Jeffrey, Cheryl LaFlame

Approval of Minutes – Motion Inaki Rezola, 2nd Kerry Dennis

Miriam discussed the topic of Compassion Fatigue and provided a handout, “The Disaster Responder, a Personal Re-Entry Resource” which was created through Grace Unlimited. Website: GraceUnlimited.net.

It was discussed as to if this could be done as a brochure or information card and who could cover this cost. Anna will check into this.

Miriam suggested the Strike Team sponsoring a workshop in the spring on Compassion Fatigue with Dr. Michael Barnes providing the training. It was suggested that this be open to all COAD members and their employees and CEU’s could be offered. Miriam will get with him to see if this could be possible as well as topics of discussion.

Suggested locations to hold this were, The Health Department Auditorium, Sarasota Memorial Hospital Auditorium or Salvation Army. It was suggested that the training be held in March so individuals needing CEU’s could take advantage of this.

This will be added to the next COAD meetings agenda.

Barb also passed out information from the SAMHSA website “A Guide to Managing Stress in Crisis Response Professions”. She will check to see if this is available in pamphlet form.

Resource List: Since Tri-County Counseling services will be leaving the area they will be taken off the resource list. Anna will e-mail the list to strike team for review and updates.

CFBHN- A question had come up at the last strike team meeting on where the information originated for CFBHN. Anna explained that a letter was sent by CFBHN to Sarasota County/Bill Little explaining their program. This in turn was passed to Tammi Poswiatowsky who in turn thought it would be a good resource for the MH/SA strike team.

It was discussed as to if CFBHN should come to a COAD meeting to discuss what they have to offer. It was suggested that this was not the venue since it only pertains to mental health and substance abuse and the COAD encompasses all areas. It was decided that it is enough that the strike team has the information and this information can be disseminated to others if the need arises.

Other Business:

Inaki from the Red Cross discussed that they will be offering services to families for coping with military deployment. More details to follow.

Next meeting is scheduled for March 2, 2009 at 3:30 in room 2063.

